Additional Resources

American Red Cross
The Red Cross offers many services to military families. Armed Forces Emergency Services can help you reach your family in times of emergency 24/7, 365/year at (877) 272-7337.
www.redcross.org

Integrated Behavioral Health System
The NCNG Integrated Behavioral Health System (IBHS) is dedicated to helping NCNG Servicemembers and their Families by assessing for immediate behavioral health needs on a 24/7 basis and offering connection and professional case management services to internal resources as well as federal, state and community (external) resources for both mental health treatment and non-clinical needs such as housing and food.
Stephanie W. Nissen, NCC, LMHC, LPC
Integrated Behavioral Health Programs Director
(855) 322-3848

DEERS/ID Cards
Make sure your address and other pertinent information is updated in DEERS. www.tricare.osd.mil/deers
(800) 538-9552. To locate an ID Card Facility, visit:
www.nc.ngb.army.mil

ESGR
National Committee for Employer Support of the Guard and Reserve (NCESGR) at (800) 336-4590 or visit them at www.esgr.org.

Military OneSource
Military OneSource is here to help you with just about any need, by phone or online. The service is completely private and confidential, with few exceptions. This includes non-medical counseling (face to face, telephonic or online sessions) as well as personal financial counseling (telephonic or online sessions). Please visit www.militaryonesource.com or call (800) 342-9647 for a list of all services provided.

Soldiers & Airmen’s Assistance Fund
A 501 (C) (3) non-profit organization established for NCNG Servicemembers that provides grants for family emergencies when no other resources are available.
Dennis Roach, Director (919) 851-3390 / (800) 821-6159 Ext. 3
Fax: (919) 859-4990; ncnsaaf@bellsouth.net

Transition Assistance
Andrew Jackson, andrew.l.jackson8.ctr@mail.mil (919) 664-6573

TriCare
www.tricare.osd.mil, (877) 874-2273

Veteran’s Affairs (VA)
The VA offers many programs and services for military families. Monday-Friday – 8am – 4:30pm. www.va.gov
Locations
Charlotte Vet Center, (704) 333-6107
Fayetteville Vet Center, (910) 488-6252
Greensboro Vet Center, (336) 333-5366
Greenville Vet Center, (252) 355-7920
Jacksonville Vet Center, (910) 577-1100
Raleigh Vet Center, (919) 856-4616

Visit Us Online
www.nc.ngb.army.mil/SS/FP/Pages/default.aspx

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Follow us on Twitter @ncngfamily

(984)664-6053
State Family Program Contacts

Diane Coffil, State Family Program Director  
(984) 664-6324  diane.l.coffil.civ@mail.mil

MSG Ramona Robertson, Family Program Specialist  
(984) 664-7005  ramona.k.robertson.mil@mail.mil

SSG Tammy Fowler, Family Program Assistant  
(984) 664-6876  tammy.l.fowler.mil@mail.mil

Lana Greer, State Family Assistance Center Coordinator  
(984) 661-1667  lana.m.greer.ctr@mail.mil

Jason Pleasant, State Senior Family Readiness Support Assistant  
(984) 664-7017  matthew.j.pleasant.ctr@mail.mil

Terry Henderson, Airman & Family Readiness Program Manager  
(704)-398-4949/  terry.henderson@ang.af.mil

State Child & Youth Program

Our programs are designed to promote the cognitive, emotional, physical and moral development of the youth as well as encourage personal responsibility and strength of character.

Alice Dean, Lead Child & Youth Program Coordinator  
(984) 664-6676,  alice.c.dean.ctr@mail.mil

Kristi Wagner, Child & Youth Program Coordinator  
(984) 661-4761,  kristi.l.wagner4.ctr@mail.mil

Yellow Ribbon Program

The NCNG Yellow Ribbon Reintegration Program (YRRP) provides NC National Guard Servicemembers and their Families access to programs, resources, referrals, and services to minimize stress on families during all phases of the deployment cycle.  
(984) 664-6717  MAJ Sarah Miller, sarah.n.miller20.mil@mail.mil

Education and Employment Services

The Education and Employment Center assists Servicemembers, Families and Veterans develop a feasible plan for maximizing their skills and knowledge with the current needs of employers today.  
(800) 621-4136 Option 3 / (919) 664-6463  NG.NC.NCARNG.MBX.EEC@mail.mil

Sexual Assault Prevention Program

(984) 664-6909  SFC Kristian Hall, kristian.s.hall.mil@mail.mil

Suicide Prevention Program

(984) 664-6124  CW2 Jason Boyd, jason.j.boyd.mil@mail.mil

Family Assistance Centers

Charlotte Unit Family Contact Center  
4240 West Blvd., 28208  CARRY BANDY, carry.s.bandy.ctr@mail.mil,  (984) 661-4573

Anthony Moore, anthony.r.moore8.ctr@mail.mil,  (984) 661-4547

East Flat Rock Unit Family Contact Center  
2025 Spartanburg Hwy, 28726  Rebekah Torres, rebekah.s.torres.ctr@mail.mil,  (984) 661-0565

Greensboro State Family Assistance Center  
110 Franklin Blvd, 27401  Lynn Stenson, deborah.t.stenson2.ctr@mail.mil,  (984) 661-5649

Greenville State Family Assistance Center  
1401 N. Memorial Dr., 27834  Kyle Snyder, kyle.j.snyder.ctr@mail.mil,  (984) 661-1150

JFHQ Unit Family Contact Center  
1636 Gold Star Dr., Raleigh, 27607  Wendi Bell, wendi.h.bell.ctr@mail.mil,  (984) 664-6078

Lenoir State Family Assistance Center  
1535 Beecher Anderson Rd., 28645  Frances Johnson, frances.r.johnson28.ctr@mail.mil,  (984) 661-1242

Raleigh Unit Family Contact Center  
4105 Reedy Creek Rd., Raleigh, 27607  Lisa Faison, lisa.m.faison.ctr@mail.mil,  (984) 664-7100

Mark Woolbright, mark.l.woolbright.ctr@mail.mil,  (984) 664-7102

Smithfield Unit Family Contact Center  
406 Hospital Rd., 27577  Abby Millsap, abigail.e.millsap.ctr@mail.mil,  (984) 661-2784

Southern Pines Unit Family Contact Center  
510 W. Morganton Rd., 28371  Earlene Capps, earlene.b.capps.ctr@mail.mil,  (984) 661-2683

Wilmington Unit Family Contact Center  
2221 Carolina Beach Rd., 28401  Jim Marley, james.e.marley.ctr@mail.mil,  (984) 661-6918

Winston-Salem Unit Family Contact Center  
2000 Silas Creek Pkwy., 27103  Sandy Harrison, sandra.b.harrison2.ctr@mail.mil,  (984) 661-7131

Family Readiness Support Assistants

Charlotte: Nikkie Newsome, genesia.k.newsome.ctr@mail.mil,  (984) 661-4548

Clintons: Sarah Strickland, sarah.r.strickland.ctr@mail.mil,  (984) 661-4735

Goldsboro: Darlette McCormick, darlette.s.mccormick.ctr@mail.mil,  (984) 661-5423

Greensboro: Gloria Fields, gloria.d.fields.ctr@mail.mil,  (984) 661-5620

Morrisville: George Lane, george.w.lane2.ctr@mail.mil,  (984) 661-6313

Raleigh: Norman Dean, norman.g.dean2.ctr@mail.mil,  (984) 664-6537

Current as of 03/04/15